

**Lake Forest Yacht Club**  
**Dauphin Island Warm-Up Race**  
**April 23, 2011**  
**Regatta Sailing Instructions**

**1. Rules**

- 1.1 The race shall be under the sole jurisdiction of the Lake Forest Yacht Club Race Committee.
- 1.2 The regatta will be governed by *The Racing Rules of Sailing, 2009-2012*, the current prescriptions of the U.S. Sailing Association, Individual Class Regulations, and the sailing instructions for the regatta. In the event of a conflict, the sailing instructions will govern.
- 1.3 The “Two-Turn Penalty” (RRS44.1 and 44.2) shall apply
- 1.4 All participants shall abide by the *Navigational Rules International/Inland* (COMDTUNS- TM16672.21), especially rule 9(a) which states “a vessel of less than 20 meters in length or a sailing vessel shall not impede the passage of a vessel that can safely navigate only within a narrow channel or fairway.” **Participants are allowed to cross the main ship channel, but are prohibited from racing in the main ship channel.**
- 1.5 All boats shall be rated with a spinnaker unless otherwise declared on the registration form.
- 1.6 All boats must comply with the U.S. Coast Guard and State of Alabama Marine regulations regarding lifesaving and safety equipment.
- 1.7 All boats must be sixteen (16) feet or longer by design to enter and participate. All boats must have proper identification on sails in accordance with Racing Rule 77.

**2. Special racing rules for non-spinnaker classes**

- 2.1 PHRF Non-spinnaker class boats may only sail with one headsail of the maximum size used for PHRF ratings, or smaller, to be carried and tacked at the usual tack point with its luff attached to the forestay by the means provided by the sail maker.
- 2.2 Whisker poles must be affixed to the mast and be attached or adjacent to the clew of the headsail. Only one whisker pole may be carried at one time.

**3. Entry**

3.1 This is a competition among sailors. The regatta is open to all sailors racing PHRF and Portsmouth..

3.1.1 PHRF boats must possess a valid PHRF Rating certificate. PHRF classes will be determined by the Registration Committee based on the current certificate and other data required to complete registration.

3.1.2 The Portsmouth 2010 Yardstick will be used to determine the Portsmouth classes by the Registration Committee. The rating is based on information provided on the registration form. Portsmouth ratings will be D-PN numbers with no wind factor allowances. Boats sailing Portsmouth shall conform to their class rules and shall declare all genoas in excess of 155%. Boats equipped with such genoas will be assigned a rating equal to their D-PN number times 0.993. A boat normally equipped with a spinnaker entered as non-spinnaker shall be assigned a rating equal to her D-PN number times 1.010. Boats not listed in the Yardstick shall be assigned a D-PN number which is not subject to protest.

3.2 An entry form for each yacht must be completed and submitted to Lake Forest Yacht Club by April 16, 2011. If requested by the race committee, a copy of the PHRF rating certificate must be presented or be subject to disqualification. Entries will not be accepted after the skipper's meeting unless approved by the race committee.

#### **4. Notice to competitors**

4.1 Official notices will be posted on the bulletin board outside the Lake Forest Yacht Club. Such notices, when posted, shall be considered as having been delivered to each contestant. Responsibility for noting information posted on the bulletin board rests solely on the participants. Any changes in these sailing instructions shall be posted no later than 0700 CDT on the day it will take effect.

4.2 Signals made ashore prior to the race will be displayed from the flag pole on the west side of Lake Forest Yacht Club.

4.3 When a notice to participants has been posted, Code Flag "L" will be displayed on the flag pole at the Lake Forest Yacht Club or from the Race Committee boat.

4.4 Signals made on the race course will be displayed from the committee boat or, when deemed appropriate, by the race committee from a chase boat.

4.5 Prior to the start of the race, each skipper shall cause his yacht to pass astern of the race committee boat and display the yacht's sail number. The skipper shall make certain that the race committee is cognizant that he/she intends to start the race.

- 4.6 Any yacht which discharges waste or discards trash into the water shall be subject to disqualification.

## 5.0 Start and finish

- 5.1 The starting line will be located in the approximate vicinity of N. 30-33.7, w. 87-58.9. The starting line will be between a staff displaying an orange flag or shape on the committee boat and the starting mark or pin boat. The finish line will be between a staff displaying an orange flag or shape on the committee boat and the mark or pin boat. If the starting or finish mark is a tetrahedron, the line will be sighted from the apex (top) of the mark.
- 5.2 The start signals will be made in accordance with racing rule 26, and shall be as follows: (All boats will be in the Yellow Class)

1025	Warning Signal	<i>Yellow Flag hoisted 5 minutes prior to start</i> Shotgun
1026	Preparatory Signal	<i>"P,I,Z or Black" Flag hoisted 4 minutes prior to start</i> Shotgun
1029	Preparatory Signal	<i>"P,I,Z or Black" Flag Remove</i> Air horn
1030	Start	<i>Yellow Flag Removed</i> Shotgun

- 5.3 A blue shaped flag will be displayed when the committee boat is on station at the finish line.

## 6. Course indicators

- 6.1 A fixed Board or hand-held number(s) indicating the course to be sailed and/or the corresponding course number pennant (see attached courses) shall be displayed on the stern of the race committee start boat.
- 6.2 NOAA chart #11376, 41st edition, March, 1991, without subsequent corrections will be used for all permanent markers.

**NOTE THAT THE LETTER DESIGNATIONS FOR THE POSSIBLE PERMANENT MARKS OF THE COURSE DO NOT IN EVERY CASE CORRESPOND TO THE LETTER DESIGNATIONS ON MBCA CHARTS AND WILL NOT BE FOUND MBCA CHARTS!**

### PERMANENT MARKS AND LETTER DESIGNATIONS

MARK	DESCRIPTION	MAR K	DESCRIPTION
N	Fairhope Yacht Club North Marker	X	Fairhope Yacht Club Center Marker

<b>NE</b>	<b>Fairhope Yacht Club Northeast Marker</b>	<b>L</b>	<b>Point Clear #4, 37' Marker</b>
<b>NW</b>	<b>Fairhope Yacht Club Northwest Marker</b>	<b>C</b>	<b>Theodore Ship Channel 60' Range Marker</b>
<b>S</b>	<b>Fairhope Yacht Club South Marker</b>	<b>D</b>	<b>Theodore Ship Channel 20' Range Marker</b>
<b>SE</b>	<b>Fairhope Yacht Club Southeast Marker</b>	<b>H</b>	<b>Mobile Ship Channel #60</b>
<b>SW</b>	<b>Fairhope Yacht Club Southwest Marker</b>	<b>J</b>	<b>Mobile Ship Channel #72</b>
<b>E</b>	<b>Fairhope Yacht Club East Marker</b>	<b>Z</b>	<b>New Blakely River Channel #2</b>
<b>W</b>	<b>Fairhope Yacht Club West Marker</b>		

## **7. Recalls and restarts**

- 7.1 Individual and general recalls will be signaled in accordance with racing rule 29.
- 7.2 It is the sole responsibility of each yacht to make a proper and timely start. Yachts failing to do so will be scored as "Did Not Start" (DNS).
- 7.3 General recalls will be indicated by the committee boat displaying Code Flag. "First Substitute," and sounding two (2) audible sounds. In the event of a general recall, the warning signal (described above) will be made one minute after the lowering of Code Flag "First Substitute and one sound."

## **8. Chase Boats**

- 8.0 Chase boats will be identified by the State of Alabama flag or a green flag and shall be considered an extension of the Race Committee. They may assess penalties accordingly.

## **9. Abandonment or cancellation or Shortening Course**

- 9.0 The Race Committee may act in accordance with racing rule 27 or 32.1.

## **10. Change of course after the start**

- 10.0 In the event of a change in course, the Race Committee will display Code Flag "C" and make frequent short audible signals at or near a rounding

mark, and will attempt to hail each yacht with a new course in accordance with racing rule 33.

## **11. Safety and responsibility**

- 11.0 All yachts must comply with the U.S. Coast Guard and State of Alabama Marine Regulations regarding safety equipment, as prescribed by Racing Rule 1.

## **12. Time limit**

- 12.1 No yacht will be finished after **1600**. If, in the opinion of the Race Committee, the race will not finish within the time limit, the course may be shortened.
- 12.2 A shortened course (rule 32) will be signaled by the hoisting of Code Flag "S" (white with blue square in center) and the firing of two (2) guns. Finish between the line flag on the committee Boat and the nearby mark or pin boat (blue shape should also be visible when the boat is on station).

## **13. Protests**

- 13.1 Protests must be made in full accordance with USSA Rules part 5. A proper protest flag for this event shall be defined as a code flag "B" or a red rectangular flag, of sufficient size and flown in such a manner as to be clearly identified by nearby boats and/or the Race Committee as a notification of intent to protest. In addition, a protesting yacht **must** notify the Race Committee upon finishing of her intent to protest, and the sail number of the yacht protested. This modifies Race Rule 61.
- 13.2 Protests must be written and filed with the Race Committee within one (1) hour after the Race Committee reaches port.
- 13.3 Each yacht which has completed the 720<sup>0</sup> turns penalty is **obligated** to inform the Race Committee upon finishing, and of the sail number of the other yacht(s) involved in the incident.
- 13.4 All protest hearings will be held on shore at the conclusion of each day's racing.

## **NOTES**

Race Committee will monitor channel 68

Incase of bad weather before race  
(postponement info)

Or notify race committee when not in radio  
communication

Call 251-214-6746